

Mountain munchies

John Gilchrist, Calgary Herald

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You just can't keep a good Griesser down. Not according to Harry and Roland Griesser anyway. The Austrian-born brothers have their new Railway Deli & Restaurant (702 Bow Valley Trail, Canmore, 403-678-3637) up and running after a few months of renovations. They had previously operated the Griesser Spoon on Elk Run Boulevard next to Valbella Meats.

The Railway Deli & Restaurant is two distinct facilities: a deli and a restaurant. The deli is packed with pates, cheeses, soups, dry goods, Paolini's cold cuts, house-baked breads, condiments and the meaty preparations that show off the Griessers' knife-wielding skills.

You'll find schnitzel, sausages, smoked meats and a range of seafood and poultry, as well as the fresh meats. As we approach Thanksgiving, the brothers will be taking orders for turkeys and their increasingly popular turducken -- a chicken in a duck in a turkey (all boneless) layered with Italian sausage stuffing.

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Jenelle Schneider, Calgary Herald

The deli is also ramping up for a big winter of catering everything from breakfasts to brown-bag lunches to major corporate functions. The deli is open daily from 9 a.m. to 7 p.m.

Next door to the deli sits the 36-seat Railway Restaurant, an upscale cafeteria reminiscent of high-end Alpine ski lodges. You walk in, grab a tray and stroll along a hot line, surveying the treats of the day. There might be schnitzel or lasagna or spaghetti Bolognese along with a nine-salad buffet. There'll be a couple of soups and meat pies and a station for custom-built sandwiches. And there will be rotisserie chicken filling the air with delicate roasting aromas. Each day the flavour changes; it might be barbecue or Kashmiri-spiced or a simple herb-rubbed chicken. There's a lot of variety along the short cafe line. It's fast, it's reasonably priced, and it's professionally prepared food.

The Railway Restaurant is open daily from 9 a.m. with a breakfast buffet through lunch to 4 p.m. The Griessers hope to open it for dinner in the near future. For more info on the Griesser brothers' food options, check griesserspoon.com

